Conversation Hearts

8 prompts to kickstart your zine-making

Created for the KCZC ZINE CLUB held on February 2, 2019

kczinecon.org

This month, we're using Valentine's Day as a jumping off point to create zines about self care, important conversations, and healthy relationships.

Use the following prompts to kickstart your zine-making process:

Self Care Zine
Make a list of the self care practices you use to stay happy, healthy, and bright

Conversation Heart Zine
Conversations with yr heart: write your own conversation heart messages, or make a poem using conversation heart text

Love Language Zine
If you are in a romantic relationship how can you honor your partner's or partners' love language(s) and adapt to their needs? Use the following 5 love languages as journal prompts as they relate to you and/or your relationship(s).

1. Words of affirmation – using words to build up the other person. "Thanks for taking out the garbage."
2. Gifts – a gift says, "_____ was thinking about me and got me this."
3. Acts of Service – Doing something for someone that you know they would like. Cooking a meal, washing dishes, etc, are all acts of service.
4. Quality time – giving someone your undivided attention. Taking a walk together, etc. – talking and listening.
5. Physical touch – holding hands, hugging, kissing, are all expressions of love.

(This prompt was inspired by the Gary Chapman book.)

Cut-Up Valentine Zine
Cutting, re-arranging, and pasting print-outs of famous love letters in history, make a cut-up poetry zine inspired by love letters.

Love Letter Zine
Write a zine as a love letter to yourself or a friend in need reminding them about what makes them valuable.

Feel Good Zine
Write a loving zine to yourself from the perspective of a pet, loved one, celebrity, or fictional character telling you just what you need to feel good about yourself.

KC Zine Con is the Midwest's DIY Publishing Fest, held anually in Kansas City, MO

KC Zine Con, participants exhibit, sell, and trade their independently published zines, comix, books, newspapers, anthologies, tracts, pamphlets, and DIY radical readables of many forms. At this free event, anyone can come and wander the tables, chat with the incredible artists, make a whole host of new friends, and get tons of zines!

To learn more about KCZC, including future workshop dates and information about how to table or volunteer, visit us at

KCZINECON.ORG